

## Basic Format: Pathway to Match Play in 10 Weeks

*How you choose to teach these classes is entirely up to you; feel free to choose the methods you prefer, but please try to follow this general timeline. Orange Ball sessions are geared toward children ages 8-9 and green ball sessions are for 10-12 year olds.*



### **Weeks 1-4: Four 75-minute sessions: Learn the basics**

- Have FUN! The more games that you can play with the kids, the more they will look forward to coming. Suggestion: intersperse games that work on applicable skills with lessons on technique.
- Learn basic technique and practice drills for a forehand, backhand, serve and volley.

### **Weeks 5-8: Four 75-minute sessions: Learn to play points**

- Continue emphasizing and practicing the skills learned in weeks 1-4 at the beginning of each session.
- Emphasize point play in singles and doubles situations

### **Weeks 9-10: Two 75-minute sessions: Learn to play a match, no ad scoring**

- Continue emphasizing and practicing the skills learned in weeks 1-8 at the beginning of each session.
- Learn how to play a basic match, score keeping, and match format as both server and receiver.
- Things we have noticed that come up during matches that ideally kids can be prepared for:
  - What is a let? When does the server get two serves versus one?
  - In doubles, you must pick a side and play on that side the entire set (when receiving)
  - Who calls the ball out?
  - Who calls a double bounce?
  - What happens if doubles partners disagree if the ball was in or out?
  - What happens if you call the ball out but then realize it was in?
  - What do you do if you don't agree on the score?
  - What do you do if the opponent serves and you are not yet ready?
  - How do you demonstrate good sportsmanship during a match and at the end, win or lose?
  - Who calls out the score?
  - How do you play a deuce point as the server? As the receiver?

**Next Step:** Register for Junior Team Tennis on a Beginner Orange Ball or Beginner Green Ball Team! Please encourage your participants to play JTT to help solidify the skills they have learned!

## **Winston Salem Tennis Inc.**

### **Process to Host Young Folks Tennis: Pathway to Match Play**

1. Please **complete the JotForm by MAY 7th** on our website to Apply to be a Host.
  - a. Make sure to include the exact dates and times you propose for each Orange Ball session and each Green Ball session you wish to host. Dates for hosting should be for sessions that begin in June 2026 so they lead right into the fall JTT season, which begins in September!
  - b. If we have any questions about your application, we will reach out to you directly
2. Winston-Salem Tennis Inc. Board members will **review and approve applications** on a rolling basis and will communicate our decisions no later than May 10.
3. Once approved, we will request more information from you and **create the program in Serve Tennis for registration**. We will also need a W-9 form. There are a few options that we can adjust depending on the situation. Maximum number participants, age limits, forcing age limits, wait list options, promoting (link - private, public, hidden, etc.).
4. Once the program/s are in Serve Tennis, we will **promote the opportunity** with you, unless it is requested to be a private class for a set membership or group of kids. Elizabeth Minton, staff member at Winston-Salem Tennis Inc will assist with this process.
5. **Players register**, pay \$100 with a credit card, and the funds go directly to our Winston-Salem Tennis Inc account. Our treasurer will mail you a check for \$140 per player. Once we create the registration in Serve Tennis, we will send you an invite via Serve Tennis to administer the programs you are hosting. ***You are responsible for communicating with the registrants about scheduling, inclement weather, etc. as well as cancelling courses, refunding participants, etc. Winston-Salem Tennis will not be involved in that part of the process.***
6. **Racquet Orders:** On the first day of clinic, please have some loaner racquets available for the participants (let us know if you need any extras). Some kids show up with their own racquets. Please measure the kids and send us a list of how many racquets and what sizes you will need for each session and we will procure them for you. Please email Racquet Orders to Elizabeth Minton at [wstennisinc@gmail.com](mailto:wstennisinc@gmail.com)
7. JoAnn White will be in touch with you to schedule dates to attend a session to **speak with parents about Junior Team Tennis** to promote it.
8. We suggest you try to **have programming ready and available** upon completion of the course so that parents have a pathway for their child to continue playing. Please also help us to promote the JTT season which will begin in September by **encouraging your**

**players to register as a team.** If juniors continue playing by moving to JTT, their likelihood of continuing to take clinics and lessons may increase.