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**USTA League Tennis – Yadkin**

**2025 Local League Regulations**

**Spring – Mixed - Tri-Level – Singles - Combo**

The Yadkin Local League will abide by the 2025 National USTA League regulations, the 2025 Southern Sectional regulations and the 2025 North Carolina regulations.

Only the Local League Coordinator in conjunction with the State League Coordinator can interpret these rules

**USTA Leagues:**

USTA Leagues are fun team competitions for recreational players 18 and older of all ability levels from beginners to seasoned players. Leagues are offered in the following age divisions: 18&Over, 40&Over, 55&Over, and 65&Over. Winners of local teams do have the opportunity to progress to State Championships and beyond depending on the league. Players use their NTRP computer generated rating or if new to USTA league play, can self-rate utilizing USTA guidelines.

**General:**

* Players must be current members of the USTA to participate in USTA league play. This membership must be valid thru the league’s state championship.
* No renewals are allowed during the local league season.
* All players must be 18 years of age or older to participate.
* Registration, match schedules, stats/standings and reporting of scores are all completed in TennisLink.

**USTA Local Leagues:**

|  |  |  |
| --- | --- | --- |
| **League** | **Age Division** | **Levels** |
| USTA Adult Spring | 18&Over | 2.5 Women, 3.0, 3.5, 4.0, 4.5, 5.0 |
| USTA Adult Spring | 40&Over | 2.5 Women, 5.5, 3.0, 3.5, 4.0, 4.5, 5.0 |
| USTA Adult Spring | 55&Over | 3.0, 3.5, 4.0, 9.0 (combined rating) |
| USTA Adult Spring | 65&Over | 3.0, 3.5, 4.0 |
|  |  |  |
| USTA Mixed | 18&Over | 2.5, 3.0, 3.5, 4.0, 4.5, 10.0 (combined rating) |
| USTA Mixed | 40&Over | 3.0, 3.5, 4.0, 4.5 |
| USTA Mixed | 55&Over | 3.0, 3.5, 4.0, 4.5 |
| USTA Mixed | 65&Over | 3.0, 3.5, 4.0 |
|  |  |  |
| NCTA Singles | 18&Over | 2.5, 3.0, 3.5, 4.0, 4.5, 5.0 |
| NCTA Singles | 40&Over | 3.0, 3.5, 4.0, 4.5 |
| NCTA Singles | 55&Over | 3.0, 3.5, 4.0 |
|  |  |  |
| Southern Tri-Level | 18&Over | Women: 3.5/3.0/2.5 |
| Southern Tri-Level | 18&Over | Women and Men Divisions: 4.0/3.5/3.0 |
| Southern Tri-Level | 18&Over | Women and Men Divisions: 4.5/4.0/3.5 |
| Southern Tri-Level | 18&Over | Women and Men Divisions: 5.0/4.5/4.0 |
| Southern Tri-Level | 55&Over | Women and Men Divisions: 4.0/3.5/3.0 |
| Southern Tri-Level | 55&Over | Women and Men Divisions: 4.5/4.0/3.5 |
| Southern Combo | 18&Over | 2.5(W), 5.5, 6.0, 6.5, 7.5, 8.5, 9.5, 10.5 |
| Southern Combo | 40&Over | 5.5, 6.5, 7.5, 8.5. 9.5 |
| Southern Combo | 55&Over | 6.5, 7.5, 8.5 |
| Southern Combo | 65&Over | 6.5, 7.5 |

**Player Requirements**:

1. Players must reach the following ages by 12/31/2025 to compete in the USTA League age group listed below:

* 18&Over (players must be 18 prior to registration)
* 40&Over: minimum age is 40
* 55&Over: minimum age is 55
* 65&Over: minimum age is 65

1. Players with a computer rating in 2022, 2023, or 2024, must use that rating or above to participate in USTA Leagues.
2. A 60 or over player with a 2023, or 2024 computer rating must use that rating or above to participate in these leagues.
3. Players who do not have a valid NTRP rating or have never had an NTRP rating are required to self-rate according to the NTRP guidelines. Players should answer the self-rate questionnaire themselves and be completely honest regarding tennis background and experience. Any omission of information may result in disciplinary action for the player and any other player or captain involved in the inaccurate reporting of a player’s ability level and background.
4. A player may play only one level above his or her current NTRP rating (for Example, a 3.5 player can play up on a 4.0 team but cannot play up on a 4.5 team). This does not apply for divisions with combined ratings.
5. Players may compete on more than one team except if the teams are on the same level, in the same age division and in the same local league.
6. All players must be registered on TennisLink prior to playing in their first team match. If a player participates that is not registered on TennisLink, it will result in a match forfeit.

**Team Requirements**:

|  |  |  |
| --- | --- | --- |
| League | Minimum Players | Maximum Players |
| USTA Spring 18&Over | 8 | 15 |
| USTA Spring 18&Over 2.5, 5.0 | 5 | 15 |
| USTA Spring 40&Over | 9 | 17 |
| USTA Spring 55&Over | 6 | 15 |
| USTA Spring 65&Over | 6 | 15 |
| USTA Mixed League | 6 (3 men and 3 women) | 15 |
| NCTA Singles League | 3 | 9 |
| Southern Tri-Level League | 6 | 15 |
| Southern Combo Doubles League | 6 | 15 |

1. In all leagues, a player may play only one NTRP level above the player’s current NTRP level. (Example: a 3.0 player can only play up to a 3.5)
2. **40% Rule:** If a level of USTA league 18&Over, 40&Over, 55&Over consists of only two teams in a level of play, each team must maintain its roster with at least 40% of its players at the designated NTRP level of play. **This rule does not apply to 65&Over.**
3. Teams that advance directly to a State Championship must maintain their roster on TennisLink with a majority of players from within the league area that they are representing. **For example, a roster of 15 players must have a minimum of 8 players residing within the Yadkin league boundaries.**
4. The minimum rating a player may have on a 9.0 team is 4.0. The minimum rating a player may have on a 10.0 team is 4.5.
5. Each team must have the minimum number of players available to play the majority of individual matches. If one team does not have the minimum number of players, the opposing team will be credited with a total team default and will win each individual match 6-0, 6-0. If neither team has the required minimum number of players, the match shall be scored as a double team default and neither team will receive credit for a win. In the case of a team default or double team default and individual courts have been played (for example, rain make-ups), any individual matches actually played will count only for NTRP ratings and player eligibility for advancement and cannot count for determining standings.
6. For the USTA Combo league, teams must have the minimum number of players that can combine/compete to fill at least 2 courts to constitute a valid team match.
7. Teams must have the minimum number of players registered in TennisLink no later than their League’s Initial Roster Deadline. An exception can be made to extend a division’s deadline if a team needs to be added to provide competition for a single team that was registered or the minimum of 2 teams are trying to be filled in a particular division that had no teams by the roster deadline.

**League Play:**

* Play is governed by THE RULES OF TENNIS in **The Friend at Court, The** **Code**, the USTA League Tennis National Regulations, Southern and State Regulations and local regulations.
* A local league shall consist of a minimum of 2 teams at each division with the exception of the below:

|  |  |
| --- | --- |
| **League** | **Levels permitted to advance to State Championships if they are the only local team** |
| USTA Spring Adult | All 65&Over teams, 40&Over 2.5 and 5.0 |
| USTA Mixed | All 55&Over and 65&Over Teams |
| NCTA Singles | All levels |
| Southern Tri-Level | All levels |
| Southern Combo | All 55&Over and 65&Over teams, 18&Over: 2.5, 5.5, 9.5, and 10.5 teams. 40&Over: 5.5 and 9.5 teams |

* Local play will consist of round robin format. In some divisions where there is more than one flight, there will be playoffs at the end of the season. For example: the winner of 18&Over 3.5 women’s day team will play the winner of the 18&Over 3.5 women’s night team to determine the team that progresses to State Championships
* **Home team** will be designated on the schedule and responsible for bringing new balls to the match.
* All matches will be best 2 out of 3 sets with a 10x2 tiebreak played in lieu of the 3rd set.
* The Comen tiebreak will be used for both set and match tiebreak
* The Local League Coordinator will determine the round robin and playoff schedule
* Refer to the below chart for the courts played for each league along with the minimum number of matches required for players to qualify for State Championships:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| League | Levels | Season | Minimum Matches (does not include playoff) | # of defaults that may count as a match played | Courts Played |
| USTA Adult (18&Over) | 2.5 and 5.0 | Spring | 2 | 1 | 1 singles, 2 doubles |
| USTA Adult (18&Over) | 3.0, 3.5, 4.0, 4.5 | Spring | 2 | 1 | 2 singles, 3 doubles |
| USTA Adult (40&Over) | All Levels | Spring | 2 | 1 | 1 singles, 4 doubles |
| USTA Adult (55&Over) | All Levels | Spring | 2 | 1 | 3 doubles |
| USTA Adult (65&Over) | All Levels | Spring | 1 | 1 | 3 doubles |
| USTA Mixed (18&Over, 40&Over) | All Levels | Summer | 2 | 1 | 3 doubles |
| USTA Mixed (55&Over, 65&Over) | All Levels | Summer | 1 | 1 | 3 doubles |
| NCTA Singles | All Levels | Summer | 1 | 1 | 3 singles |
| Southern Tri-Level | All Levels | Summer | 1 | 1 | 3 doubles |
| Southern Combo | All Levels | Fall | 1 | 1 | 3 doubles |

* A captain or acting captain must be on site for each match
* Once scorecards have been exchanged, no substitutions may be made except in accordance with the following rule:

1. Prior to the start of an individual match (first service attempt), if injury to, illness, disqualification or no-show of a player occurs, the affected team may substitute a player who is immediately ready to play and not listed on the original scorecard and may adjust their lineup at the affected position only. The substituted player is entitled to a 5 minute warm-up. If no substitution is made within the 15 minute default period, the default will be awarded at that position.
2. After the start of an individual match (first service attempt), if injury to or illness to a player occurs and no substitution is made, the opponents will be awarded default for that match only.

* A team’s lineup does not have to be listed in order of strength, except in Tri-Level Leagues, where the highest NTRP level must play on the #1 court, the 2nd highest NTRP level must play on the #2 court and the lowest NTRP level must play on the #3 court. Example: in the 3.5/3.0/2.5 leagues, the 3.5 rated players play on the #1 court, the 3.0 players play on the #2 court and the 2.5 players on the #3 court.
* Either captain can enter the results of the match on TennisLink. The results must be recorded within 48 hours of the match. TennisLink will confirm results in 72 hours if the opposing captain has not. Any change to a scorecard must be made within 2 weeks of when the match results were entered into TennisLink.
* Captains are encouraged to confirm scores with one another before leaving the match site. In the circumstance where there is an error on a scorecard that has been entered into TennisLink, captains must reach out to the local league coordinator via email with the opposing captain copied to make the correction. The match # must be included.
* Coaching is not allowed. Spectators may not assist in line calls, score disputes, or any other calls.
* In spirit of sportsmanship, spectators are NOT allowed to applaud inappropriately. (ie – when a player makes an error such as hitting a ball in the net, out or double faulting)
* Cell phones should be silenced during league play. A player whose phone rings while a point is in progress will be warned that if it happens again, the opponent can claim the point. It is legal to play a let if the ringing of the phone interferes with play; however, the owner of the phone may not claim a let.
* If a player(s) wishes to video the match, all players on the court must agree to allow it to be filmed. Otherwise, videoing is not allowed.
* Children are not allowed on the court during league play.
* To win a Team match, a team must win at least a majority of the individual courts played. If the match ends in a tie, it will be broken by:

1. The team with the fewest sets lost
2. The team with the fewest games lost
3. Highest % of games won vs games played
4. Method TBD

* In Local Leagues at the end of round robin play, if the season ends with a tie for first place, the tie shall be broken according to the following tiebreakers:

1. Winner of the most individual matches
2. Head-to-head winner
3. Loser of the fewest number of games
4. Highest % of games won vs games played
5. Method TBD

* All matches must be completed by the last day of the local season or before local playoffs in order for results to count toward advancement.
* Local League Playoffs: When scheduling local league playoffs, there will be NO special consideration for players on multiple teams that may be involved in other playoffs. In addition, no consideration will be made for players who are participating in another area’s local league playoff. For example: if a playoff in Yadkin happens to be the same night as Piedmont, no special consideration will be given. Playoff dates and times will be announced to captains at the time the schedule is complete at the beginning of the league season.

**Forfeits/Defaults**:

1. The customary 15-minute default rule applies. For example: Match time is 6:30pm default time is 6:45pm.
2. Due to injury, illness or no show of a player after starting match time but before the 15 minute default time, another team player (not listed on score card) may be substituted for that position only. The substituted player is entitled to a 5 min. warm up.
3. Defaults must be done by defaulting the lowest position first:

|  |  |
| --- | --- |
| **Match Type** | **Courts to be Defaulted** |
| 2 Singles and 3 Doubles | #2 Singles or #3 Doubles |
| 1 Singles and 2 Doubles | #1 Singles or #2 Doubles |
| 1 Singles and 4 Doubles | #1 Singles or #4 Doubles |
| 3 Singles | #3 Singles |
| 3 Doubles | #3 Doubles |

The only exception to this rule is Tri-Level: The affected court is the defaulted court

1. If both teams have the minimum number of players available to play, but the combination of individual defaults by the two teams would result in the majority of matches not being played (in valid team match), the teams must follow the procedure below:

The first course of action would be for both captains to agree on what individual matches, based on the number of players present, or to be present, can be played to constitute a valid team match. Once that is determined, both captains will re-exchange scorecards. If both captains cannot come to an agreement on what lines will be played to constitute a valid team match, based on the number of players present, or to be present, then the following individual matches will be assigned in sequential order to be played:

|  |  |  |
| --- | --- | --- |
| **Format** | **Required Matches in Sequential Order** | **Minimum # of players required for each team in valid team match** |
| 2 singles, 3 doubles | #1 and #2 singles, and #1 doubles (priority); #2 doubles if enough players present | 4 |
| 1 singles, 4 doubles | #1 singles and #1 and #2 doubles | 5 |
| 3 doubles | #1 and #2 doubles | 4 |
| 3 singles | #1 and #2 singles | 2 |

1. If a team shows up without the minimum # of players required for the team match based on the number of players present, or to be present, it will be a full team default in favor of the opponents.
2. If a Yadkin team has 4 or more players on a roster (3 for Singles League matches) who are playing or working at a NC State, Sectional, or National league championship and have a team match in conflict with these events then they can reschedule the match either by playing before the scheduled date or within 2 weeks after the scheduled match (as long as the makeup match occurs within the league season dates). The captain of the team must notify the other team captain and LLC of the conflict no later than 1 week before the scheduled match and work with both parties to reschedule the match within the above mentioned timeframe.
3. Full Team Defaults:

A. 1 Team Default: At the end of the season, standings will be evaluated to see if the full team default had an effect on the final standings. If the final standings were affected, all of the matches of the defaulting team will be removed from the standings (only the effected round, if more than one round robin) and the final standings will be recalculated. If neither team in contention received a full team default, the standings will stand. The defaulting team may be subject to a grievance. A team may not benefit from their full team default.

B. 2 Team Defaults: If a team defaults 2 full team matches, all of their matches played or to be played may be ruled null and void. Matches played will count for NTRP ratings and advancement purposes but will not be used to determine the final standings. The defaulting team may be subject to a grievance.

**Rescheduling Team Matches:**

1. If a scheduled match is completely rained out (play has not begun on any court), any defaults on the scorecard are reinstated and can be made up. If, however, one court has begun play (first service attempt) and the match is interrupted due to inclement weather, all defaults stand**.**
2. If a date, time and location have been determined for a team match (or individual court) rescheduled due to inclement weather or another allowed circumstance, i.e. State Championship conflict, the match can only be suspended again due to inclement weather. Any team that cannot make the rescheduled match time will default any affected courts**.**
3. It is the captain’s responsibility to notify the facility if there has been a change to the scheduled courts due to known defaults, weather or other approved changing of original scheduled match day/time
4. Substitutions for team matches interrupted due to inclement weather: For any court that had begun play (first service attempt), lineups will stand. For any court that had not yet begun play (first service attempt), teams may substitute players as long as the substitutions are not listed on the original scorecard
5. Teams will have 2 weeks from their original match date to make up the rained out match (deadline may be extended only in the case of more rain). Captains must agree on the date. Team matches will be played at same location and surface originally scheduled unless both captains agree to a change. Please work with each other to make this as easy as possible! This rule will be strictly enforced. The coordinator will reach out to captains 2 to 3 days prior to the end of the 2 weeks if matches are still not recorded in TennisLink to get the date/time the make-up match(es) are to be played. If no date is set, the coordinator will set a date.
6. If captains cannot agree on a date for a “Team Match,” individual matches can be played on separate days, but must be played on same surface unless players agree to a change. IE: captains exchange cards and let players arrange individual matches.
7. Once a date, time, and location have been agreed upon there will be no alterations except in the case of more inclement weather.
8. It is the responsibility of the captains to keep the league coordinator informed of the status. The league coordinator will intervene only if players cannot agree upon a time for match play. At that point the coordinator will set the date. Any team that does not show up for the assigned make-up date will receive a default.

**Inclement Weather/Rain Delays/Heat:**

1. A match may be canceled and rescheduled due to inclement weather.
2. Players and captains are not to assume that a match is canceled just because it may be raining where you are. If weather questionable, teams must still show up to the scheduled match unless communicated to by your captain who must have been in touch with the opposing captain.
3. Captains must contact the facility where the match is scheduled to determine if courts are playable and communicate with the other captain if the match needs to be rescheduled.
4. Captains must contact all team members and let them know if the match is canceled.
5. If both captains agree, the match can be played indoors or at another facility. If there are any fees incurred, it is the responsibility of the players to pay and will not be covered by any league fees.
6. If rain occurs after play has begun (first service attempt), completed matches stand as played.
7. Incomplete matches must be resumed by the same players, in the same positions (ad and deuce); same side of net, same set, game and point score. Captains should write this information down at the site.
8. Any scheduled matches where heat is a factor, the (2) captains have to agree to treat as a rain make-up where the 2 week rule will apply. The coordinator will not cancel any scheduled matches due to heat.

**Advancing to State Championships:**

* Teams that are allowed to advance directly to the State Championship must have their team registered on TennisLink by the team deadline. ALL PLAYERS MUST BE REGISTERED BY THE FOLLOWING DATES – NO PLAYERS CAN BE ADDED AFTER THESE DATES:

|  |  |
| --- | --- |
| League | Date |
| USTA Spring – 65s | April 15th |
| USTA Spring – 55s | April 15th |
| USTA Spring – 18s/40s | April 15th |
| USTA Mixed | July 15th |
| Southern Tri-Level | August 15th |
| NCTA Singles | August 15th |
| Southern Combo (5.5, 7.5, 9.5) | September 15th |
| Southern Combo (5.0, 6.5, 8.5, 10.5) | September 15th |

* Teams that are advancing directly to a State Championship must have the majority (51%+) of their players residing within the league boundaries they are representing. For example, a roster of 15 players must have a minimum of 8 players residing within the league boundaries.
* Teams directly advancing to a State Championship must consist of at least 40% of players that are of the division’s listed NTRP level. League (and levels) that utilize combined ratings, (for example Combo Doubles, and Tri-Level League teams) are excluded.
* Winners of each division are invited to participate in the State Championship, if the division is offered. Teams must have enough players for the duration of the tournament in order to participate.
* If the first place team is unable to attend the State Championships, the invite will be extended to the second place team. If the second place team cannot attend, the spot may be filled via the wildcard selection for the State, though wildcards are rare.
* There is not a limit on how many teams a player may advance on. However, a player may not advance on multiple teams that are in the same NTRP level and age division (Ex. 2 adult 18&Over 3.5 teams from different local leagues).

**Promoted Players:**

1. If a self-rated player is promoted from a level of play, all matches played by that individual player (in the level that the player is being promoted from) shall stand. All players who have computer rated appeals (A) or Dynamic Ratings (D) who are subject to promotion, will not be subject to match reversal if promoted. Players not promoted by the conclusion of local league round robin play will be eligible to compete in the entire local playoff. Dynamic ratings will be calculated at the end of the local playoff to inform any promoted players that they may not advance to the state championships. Points earned by the promoted players in the local playoffs will stand.
2. A promoted player during local league play may request moving to another team providing there is a team available and time permits. If that team is full, the promoted player may request a wavier regarding number of players on a roster. The State League Coordinator must approve this waiver.
3. Teams losing a player to NTRP Promotion may be provided an exception to allow for adding a player to their roster in the following cases:
4. If Registration has closed.
5. Their team had the maximum number of players allowed on the roster.
6. The player may not be a self-rated playe

**League Fee/Refunds:**

* Local League Fee: $40.15 per person. This fee includes state head fee, TennisLink fee, local fee and all court fees for scheduled matches. Any unscheduled matches that have been agreed upon by both captains to be played at another facility will not be covered under the league fee.
* Refund requests for Local fees and State Head Tax charges must be made to the Local League Coordinator **prior to the team’s first scheduled match**. Requests must be made in writing. **The TennisLink fee is non-refundable**. The Local League Coordinator will hold all requests and submit one list to the State League Coordinator. Individual checks will be sent thru the local CTA, Winston Salem Tennis, Inc. Any team dropping out of a league after **(the schedule has been published OR the Initial Roster** **Deadline)** will forfeit any registration fees paid and a grievance may be filed.
* There will be **NO** refunds given due to cancellation or suspension of League or Championship play due to acts of God, war, government regulation or order, pandemic (including, but not limited to, COVID-19), terrorism, natural disaster, or any other emergency beyond USTA NC’s control, foreseeable or unforeseeable, which makes it illegal or impossible to offer or continue any USTA Adult League Tennis programming.

**Grievances/Appeals**:

1. The grievance committee shall consist of three persons from the local area. Contact the Local League Coordinator if you wish to file a grievance keeping in mind that both sides will be equally heard and either side, or both can be found at fault with penalties assessed.

Yadkin Grievance Committee Members**:**

1. Placeholder
2. Placeholder
3. Placeholder
4. The appeal committee shall consist of three persons from the local area.

Yadkin Grievance Appeal Committee Members:

1. Placeholder
2. Placeholder
3. Placeholder
4. A grievance against a player or team for violation of the local league rules, standards of good conduct, fair play, and sportsmanship can only be filed by the (1) captain of the team filing grievance or (2) a league coordinator. The grievance must be filed prior to the commencement of whichever occurs first: (a) the involved team’s next match in that flight, whether or not the involved player participates or (b) within 24 hours after the end of the local league season.
5. NTRP disqualifications and appeal procedures are stated in the 2024 USTA league tennis regulations. Captains can view USTA, National, and Southern Regulations on-line.
6. The grievance and grievance appeal committee will utilize the USTA League Suspension Point system to assess any penalties that they deem necessary per the grievance procedure and guidelines.
7. Yadkin local league has a grievance filing fee of: $100.00 made payable to WS Tennis.

**Waiver of Claims**

• Players participating in the USTA Leagues acknowledge the risks associated with playing competitive tennis, accept those risks voluntarily, and in consideration of their acceptance in the Program, assume all risk for bodily injury and illness, waive all claims for illness, injury and property damage, and release and hold harmless the USTA, WS Tennis, Inc, Local League Coordinators and the host facility, their officials, employees, and agents with respect to any injury, illness or loss caused by negligence or otherwise to the fullest extent permitted by law.

**Angie McEachran**

**Yadkin Valley Local League Coordinator**

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